



Kingsbury Country Day School
Presents

Youth Lacrosse Camp

For Boys & Girls
June 28 – July 1, 2010
10 am – 3 pm

Lacrosse Camp for Beginners

This introduction to lacrosse is designed to teach the fundamental skills necessary to play the game. The focus is on passing, catching, scooping, and ball control. Boys and girls are taught separately by coaches that are expert in the game for each gender. Lacrosse stick and mouth-guard are required.

Lacrosse Camp for Players with Experience

This camp advances the fundamental skills toward the development of techniques that help you in team play and in pressure situations. As such, please note that this camp requires you to have full equipment*. We'll work on offensive and defensive play, good principles of team lacrosse, and dodging. * Girls are required to have a stick, mouth-guard, eye protection (goggles), and cleats. Boys are required to have a stick, mouth-guard, helmet, gloves, shoulder pads, arm pads, cup, and cleats.

Important Information

Where: Kingsbury Country Day School
5000 Hosner Road, Oxford, MI 48370 (see map)
Camp Fee: \$135

When: Monday through Thursday
June 28 through July 1
10:00 AM to 3:00 PM

What To Bring: required equipment (see above), water bottle, and snack. Wear athletic clothing.



Kingsbury Lacrosse Camps are coached by All American Lacrosse. All American is dedicated to advancing lacrosse in Michigan through the development of individual skills. All American's coaching staff represents mature, experienced individuals with proven ability at teaching young people.

www.all-americanlacrosse.com

